



CMHA Jr. Chaos Female Program – Coach & Coaching Staff Expectations

As a leader within CMHA's **Jr. Chaos Female Program**, you play a vital role in shaping the player experience, building a strong and inclusive team culture, and supporting the overall success of the program. This document outlines the expectations, responsibilities, and guiding principles that all coaching staff are expected to uphold throughout the season.

1. Coaching Philosophy & Conduct

Core Expectations

All CMHA Jr. Chaos Coaches and team staff are expected to:

- **Lead with integrity:** Model professionalism, accountability, and ethical behavior at all times.
 - **Promote player development:** Focus on skill growth, confidence, teamwork, and sportsmanship while supporting each player's individual journey.
 - **Foster an inclusive environment:** Ensure every player feels valued, safe, and supported regardless of ability or background.
 - **Communicate clearly and consistently:** Maintain open and timely communication with players, families, team staff, and CMHA leadership.
 - **Show respect at all times:**
 - Respect players by meeting them at their developmental level.
 - Respect fellow coaches, officials, volunteers, and parents.
 - Respect the game by modeling calm, professional conduct—even in high-pressure situations.
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2. Respect & Relationship Management

- Engage with players and families constructively while maintaining professional boundaries.
 - Collaborate respectfully with your Team Manager and volunteers—your leadership sets the tone for the team’s culture.
 - Respect referees, facility staff, and other teams both at home and on the road. Coaches represent CMHA at all times.
 - Behavior that contradicts these standards—such as inappropriate communication, arguing with officials, or undermining volunteers—will be addressed and may impact future coaching opportunities.
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3. Coaching Responsibilities

- Attend and lead all scheduled games, practices, and team meetings.
 - Prepare structured, age-appropriate practice plans that align with CMHA’s female program development principles.
 - Support and guide your Assistant Coaches and Team Manager to foster a cooperative and positive team environment.
 - Participate in CMHA-sponsored coach development opportunities when offered.
 - Reinforce the Jr. Chaos philosophy of **skill development, inclusivity, and player-first growth**.
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4. Travel & Tournament Guidelines

- Coaches are expected to attend and support players at all approved tournaments and events.
 - Tournaments should be selected thoughtfully and communicated early to allow families to plan accordingly.
 - Work with the Team Manager to minimize costs and ensure fairness for all families.
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5. Schedule Compliance

- All practice and game schedules posted to the CMHA Female Program calendar are considered **final**.
- Any changes must be coordinated with and approved in advance by the Female Program Director.

6. Core Values

As a Jr. Chaos coach, you are expected to model and promote CMHA's core values:



RESPECT
We treat teammates, opponents, coaches and officials with dignity and kindness, both on and off the ice. Respect creates a team culture.

EFFORT
We give our best every shift, every practice, and every game. Success is built on consistent hard work.

ATTITUDE
We approach challenges with positivity, sportsmanship, and resilience. A strong attitude drives growth and team spirit.

COMPETE
We bring our best to every battle, no matter the score. Competing with heart strengthens character and teamwork.

HONOR
We represent our community with pride and integrity. Every action reflects our commitment to the game and each other.

7. Closing Message

CMHA Jr. Chaos Coaches are mentors, educators, and role models. Your leadership, dedication, and commitment to fair and inclusive player development help build not only better hockey players, but also stronger individuals.

If you have any questions or require support, please contact the **Female Program Director**.

We sincerely thank you for your commitment and leadership within the Jr. Chaos Female Program.

Would you like me to also **prepare a matching “Parent Expectations” document** for Jr. Chaos Female, so that coaches, parents, and players all receive consistent program standards?
